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## Weekend Prepping Task #4

1 message

**Barbara Stoll** <hummingwind@windstream.net>

Fri, Sep 23, 2022 at 9:46 AM

To: Grace &lt;grace@gracelawson.com&gt;

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Hi all,

Now that autumn has arrived it's time to hunker down with our preps. These are two preps that are easy and important and should not take more than an hour or two to do.

1. Add a **road atlas and/or paper maps** of your city & state to your vehicle kit.
2. Read up on how to treat **heat exhaustion** in humans and pets. We still have a long way to go before summer's end.

If you already have these done that's great, I encourage you to find two more easy prep tasks to do this weekend. EVERY little bit counts and adds up.

Prep on,

Barb 

"Be kind to everyone for we are all fighting a hard battle." -Plato